



## Many American Children Lack Essential Healthcare

By Jenna Rosener, G3 Staff

Did you know that 20.3 million children (about the population of the state of New York) in the United States lack essential healthcare? This accounts for 28% of all American children. This group includes children who are uninsured, children who do not receive routine primary care, and publicly insured children who are connected to primary care but have unmet special health care needs. What does this all mean? It means that all American children's healthcare needs are not being met.

14 million children live in areas with shortages of health professionals. Dr. Amy Houtrow helps families in need of healthcare for children with disabilities. She is also the medical director of the Children's Hospital of Pittsburgh. In an interview Dr. Houtrow had said, "I don't believe that any family should have to choose between paying for medical care for their children or putting food on the table or paying electrical bills." High fees may force families to delay or forego care for their children due to the issue of families experiencing high expenses for health services.

People are trying to help this issue by using the Children's Health Insurance Program (also known as CHIP). This program has been an essential source of children's healthcare coverage. This program ensures access to high-quality, affordable, pediatric-appropriate health care for children. CHIP is different from Medicaid (a program to provide medical care to those who cannot afford it.) Typically, CHIP recipients have parents that earn too much to qualify for Medicaid, but too little to purchase private health insurance on their own. By more than 68%, CHIP has reduced the numbers of uninsured children. While improving health outcomes an access to care of children and pregnant women, CHIP has reduced lack of healthcare from an uninsured rate of nearly 15% in 1997 to less than 5% in 2016.

CHIP has been around for 25 years, since 1998. This means that the program has been helping many kids for over two decades. If you were wondering if there is help in Nevada with this issue, there is a website and program for that. The Nevada Check Up (NCU) is the program that the state of Nevada uses for Children's Health Insurance Program (CHIP). Eureka citizens who are dealing with this issue would benefit from their website, which is-

<https://www.benefits.gov/benefit/1307>

Work cited: <https://www.insurekidsnow.gov/sites/default/files/2022-08/chip-25-fact-sheet.pdf>  
<https://pnhp.org/news/20-million-children-lack-sufficient-access-to-health-care>



# January Pop Culture News

By June Callister, G3 Staff

This January, multiple movies and albums were released to the public.

Some movies for younger teens included *Missing* (rated PG-13), and *Dog Gone* (rated PG).

*Missing* is about a teenage girl, June, who's mom goes on a trip with her boyfriend, Kevin. When it comes time to pick up her mom and Kevin, June finds that her mother and Kevin are both missing. Receiving no help from the FBI or police, she finds with her own detective work that her mother was kidnapped and Kevin, being a felon, is a suspect.

*Dog Gone* is about a young boy's dog, Conquer, who has gone missing on the Appalachian Trail. The boy's father promises that they will find the dog, the question is: is this a promise he can keep?

For a more mature audience; *Infinite Pool* (rated R), and *Plane* (also rated R) are some eerie shows.

*Infinite Pool* is a movie about an author who goes on a trip to find inspiration for his new book. One night, driving to his vacation house, he accidentally swerves into a person with his car. When he is mistaken for a newly discovered murderous clone of himself, he has to pretend to be a killer to save his own life.

*Plane*, a less spooky film, is about a pilot who must transport a felon in his plane along with his other passengers. When the plane goes through an unbelievable storm, it crashes onto an abandoned island. Or was it? The whole group of passengers and crew find themselves in a murderous village filled with psychos who want to kill them all, forcing the pilot to ask the felon for help to make it home alive.

As for music albums, Iggy Pop and Sam Smith are dropping their projects this month. Iggy Pop's new album, *EVERY LOSER*, dropped January 6th. As for Sam Smith's new album, *Gloria*, debuted on January 27th.

# The Influence of Social Media

By Jazmine Martinez, G3 Staff

Social media has been a popular topic of controversy since the early 2000's. There are many pros and cons to social media. The media can help with things such as connectivity, education, and awareness. Alongside, there is also a dark side to the internet. People take advantage of the anonymity of social media to do things such as cyberbullying, which can lead people to become insecure. Media can cause people to compare themselves to others. There has also been research that proves that social media can increase feelings of anxiety and depression.

According to an article in *TIME* magazine, a public school district in Seattle, Washington, filed a lawsuit against the companies that own social media apps such as Facebook, Instagram, Snapchat, TikTok, and YouTube on January 6th of 2023. The district claims that the media apps "recommend and promote harmful content to youth."

What do you think? Do you think social media apps could be helpful, or harmful?



# Advice from Your Friendly Neighborhood Joe Vandal

by Joe Vandal, honorary G3 Staff

Hey students of ECHS! This is Joe Vandal, here to give you advice! I offer advice to students who are having school and personal problems.

All submissions are anonymous and names may be changed to protect students' identities.

If you would like to submit a question, drop your note in the box in the cafeteria or contact me by emailing [JMartin@eureka.k12.nv.us](mailto:JMartin@eureka.k12.nv.us).

**\*PLEASE! IF YOU ARE HAVING SERIOUS PROBLEMS, SPEAK WITH A TRUSTED ADULT!\***

Dear Joe Vandal,

I am a teacher here, and the same student asks to use the bathroom every day, at the same time, during my class.

It is more than obvious to me, and to every other student, that he does not have to go, and that he is just messing around in the hallway... but he keeps insisting that it is an emergency and that I have to let him go.

How can I get him to stop doing this every day?

Sincerely,

A cranky old teacher

Dear A Cranky Old Teacher,

Well, you could try multiple tactics to get this student to stop constantly asking to go to the bathroom. The first step should be talking to the student in private. Try explaining to him that his leaving your class is a disruption and try to get him to see it from your point of view. Also explain that you know that he is not in the bathroom when he leaves, and although it might be difficult, try to use a calm tone. Also, ask him why he is leaving. Sometimes, class can be overwhelming and tiring for students, some more than others. If that is the case, then it is possible for you to make your classroom less stressful for the student.

If the problem persists, then the next step could be giving him some sort of incentive to not go to "the bathroom." This could be in the form of a punishment or positive reinforcements. If you have a reward system in your class (such as Archie's science singles or Mrs. Zimmerman's ag bucks), you could give one to him at the end of class if he does not go to "the bathroom," or you could give him candy or some other reward. If this is not enough and he continues to go, you could come up with a punishment. For instance, each week he could have two opportunities (or a time limit) to go the bathroom and if he goes over, then he would be sent to the office.



Dear Joe Vandal,

I am in a toxic relationship with a woman and I don't know how to get out! How can I escape?

Signed,

Mike Rizzowski

Dear Mike Rizzowski,

Taking the steps to leave a toxic relationship can be difficult, and you have to be aware of the signals you may be sending to her. The first thing I would suggest is talking to her and explaining what is making the relationship toxic, and it may be possible for the relationship to become healthy again if she takes the steps to change. Give her some time after talking to her to see if she listened. If she does not take the steps to change, then it is best if you talk to her and tell her that you don't want to be in the relationship anymore. Communication is key, and in the end, this is the best way to get out. The worst way to break off a relationship is ignoring people and not telling them why the relationship is ending, because it causes stress and the person is always left guessing as to what is going on. I also highly recommend you do it in person. Sending a friend to do it for you or doing it over text is rude and typically much more crushing for the other person in the relationship.

# January Word Search

By Jenny Whimple, G3 Staff

C Z H M G V I I H Q S K K D Q Q Z U Q J C D M E S  
 N P W J Q D C E A T G U V T D Z T X M Y A C S C H  
 O U I C I C L E G O R E S O L U T I O N R O O I U  
 M V F E V Y M C T Z H Y A E W S K D U Q J H W X B  
 W C G N J J J M E U Z K A L G Y R Q R D Q H I H S  
 K I O E O J I B D L K K G S V T U Q K W G Z P C K  
 S C N L J V A O Y N E O O K D G V R S N X Y P Z X  
 C O P T D R K D J V U B M T R T D G A O C R U E O  
 Z U J J E E L H Z M S Y R G F C N F X I L Q Q M C  
 U N A H U R W K Q M Y X P A Z M A H S A R T C L K  
 M T N W O W V X Z E L D N W T E C Q L X K Y N U L  
 K D U X Z K N E W Y E A R S P I X C E S K L M Q S  
 J O A V U B B I H T G Z H B R U O Y D I D G I H N  
 G W R B H K P Q M A K N N X Q T V N D G P U D K O  
 R N Y A S X J V V Z X V J D R E X M I M R O N U W  
 C E L S T P U C Q G H R D L G P V I N G C L I V M  
 B V J K Q U F P G Y E Y Q T U J U I G F U C G U E  
 I E B E J V Q F S N S X N V L C N J W N P O H O N  
 W Q S T O C I G S A N R T X V C H A C X L R T Z N  
 Y H N B F T I L J E O H F R E E Z I N G F R I Z T  
 V Y O A U O F O Y M O L C Z Q Z V Q Z O Q U Q O G  
 O R W L U S W V F G C H Y B K Z G J R D T U Q W B  
 T R Q L M H J E X U N X S I A R B I M G G F G B U  
 Y Y M O J B D S D X H S V L X U I S Z W P B N I Z  
 Y S P M L K B I C B E L F A R V Y D K G I N R O F

January	Winter	Basketball	Celebration
Cold	Sledding	Gloves	Midnight
Snow	Iceicle	Snowmen	Resolution
NewYears	Freezing	MLK	Countdown

## FFA Stays Busy



By Selma Owusu, G3 Staff

FFA is an organization that provides opportunities for students to widen their horizons. Members can participate in Career Development Events, fundraisers, and service opportunities to help the community.

The Diamond Mountain FFA has two upcoming events which are:

- Winter Leadership Training which will be on February 13th in Carson City. Many students from around the state attend, so it gives participants the opportunity to attend workshops and interact



- 2- Mya Tognotti
- 3- Jose Martinez
- 3- Danny Lee
- 3- Thomas Mike
- 5- Aleigh Hooper
- 5- Delilah Knapp
- 5- Elmer Porter
- 6- Megan Johnson
- 9- Selene Contreras
- 9- Samuel Pena
- 11- Nathan Tudor
- 11- Jacob Knapp
- 13- Quinn Filippini
- 13- Charleigh Schmid
- 18- Tristan Auch
- 19- James Fitzwater
- 22- Kylee Patterson
- 26- Tanner Goff

with the state officers and speakers from other states.

- The FFA state competition, which will be the week of March 20, and it will be the place where kids can compete in FFA activities.

# Guess Who?

## Students Can Win a Prize by Correctly Guessing the Mystery Staff Member

By: June Callister, G3 Staff

This mystery staff member spends most of their time in a classroom full of lots of different knowledge. Their room is at the end of a row of lockers, and they have prep in the afternoon. This person also has two of their own children, a boy and girl who attend school here in Eureka County. They have brown hair and love Disney. Their favorite food is tacos, and they enjoy traveling. Their favorite student is whichever one does all of their work, and their favorite class is 4th period. If this staff member could have any job, it would be working as a travel agent, and they wish they could have one whole day to sleep.

Can you guess this mystical mystery staff member? The first middle schooler and first high schooler to tell Kathy (our secretary in the office) the correct guess will win a candy prize!

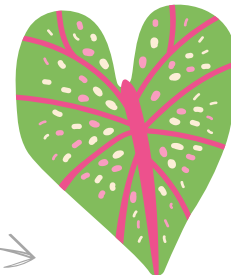
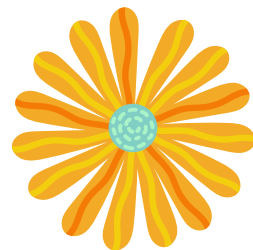


# Class Highlight: Ag 1

By: Jazmine Martinez, G3 Staff



Mrs. Zimmerman's Ag 1 class is currently planting vegetables in the green house to further their study of. This class currently has 24 enrolled students. The class is growing a variety of different crops such as mini pumpkins, mini watermelons, honeydew, peas, artichokes, and cucumbers. Brooke Watts and Victoria Hage said that their favorite plants to grow are miniature pumpkins. Joseph Minoletti said he liked to grow sugar peas and Bentleigh Berg said she liked to grow watermelons. The class has been working on this project since mid-October.



# ECHS ALUMNI CORNER

By Selma Owusu, G3 Staff

*The Alumni Corner is a new feature where a graduate from Eureka County High School gets to share about their experience here, memories they have of ECHS, and thoughts of how Eureka has changed.*

I had the opportunity to meet with Mr. Wyatt Gibbs, a well-known and popular teacher here at ECHS, who graduated from ECHS in 2016. Following is our interview:

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**Thank you for meeting with me. Can you introduce yourself?**

My name is Wyatt Gibbs.

**What is your favorite memory at ECHS?**

I loved leading the pep assemblies and stuff, it got really loud and crazy and I had lots of fun!

**Were you in any plays, bands, or choirs?**

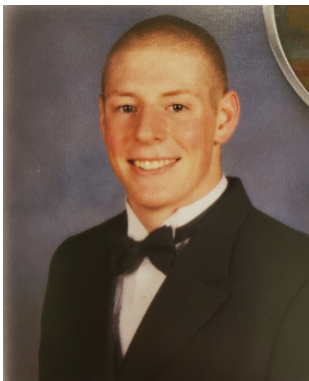
No, I was not at ECHS long enough.

**Did you play any sports?**

I wrestled, played football, and did track my senior year.

**What are you doing now?**

I am a teacher at ECHS. I loved it so much that I came back, and I live out in the valley.



**How has Eureka changed for you?**

There are about 50 or 60 more kids in the high school.

**How has it changed you?**

Well, when I came to Eureka, it had the greatest sense of community I've ever felt, so feeling part of the community made me feel at home. I moved here my senior year of high school, and it took me that long to figure out where home was.

**If you could go back in time, what would you change?**

I would have moved here way sooner.

**What is your favorite thing about Eureka now?**

My favorite thing is that we are at least an hour away from anything else, and snow! Lots and lots of snow.

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I would like to say a big thank you to Mr. Gibbs for sharing a little bit of his experience here and just being an awesome teacher!

# January Holiday History

By Lulu Fitzwater, G3 staff

During January, people mainly think of two main holidays. Martin Luther King Jr. Day and New Year's Day. However, some people might not know the history as to why we celebrate these two amazing holidays.

New Year's dates back to 4000 B.C, and is thought to have originated in ancient Babylon. Originally, it was celebrated during the first new moon that followed the Vernal equinox. Back then, it was celebrated with the religious festival, Akitu, which was the Sumerian word for barley. The festival included many rituals and lasted eleven days, but the holiday also celebrated the victory of the Babylonian sky god, Marduk, who killed the sea goddess, Tiamat, on this date.

However, over time, new calendar systems were developed and the dates were changed. The Roman calendar celebrated the new year at the exact date as the Vernal equinox, but eventually, the calendar fell out of sync with the sun. Once that happened, the Julian calendar was introduced, which is extremely close to the Gregorian calendar that we use today. Julius Caesar declared January first to be the first day of the year after creating the calendar, and that date has continued on until today.

But what about the current traditions? A huge tradition to celebrate the new years in America is dropping the ball in New York. Originally, this tradition was actually a fire show that pyrotechnicians got to show off their skills, but ash would rain over the city and this tradition was deemed as a fire hazard and stopped. After the fire show was cancelled, the city wanted to continue some kind of huge tradition because the fire show attracted a lot of tourists, so they implemented The Ball. The idea was taken from "time balls" which were used to alert people of the time of day. The first one was used to alert sailors of the time, and was placed on the Greenwich observatory outside of London.

The ball New York originally used was 700 pounds of wood when it was first implemented in 1907, but as

time went on, it was updated to have lights and crystals. Now, watching the ball drop is one of the most famous traditions in America.

Most of us know the story of Martin Luther King Jr. Day. It celebrates the birthday of Martin Luther King Jr., who led peaceful protests against violence and segregation in the south. His work was vital to the Civil Rights and Voting Rights Acts that were passed in 1965. After these Acts were passed, he turned his focus towards criticizing the U.S.'s Vietnam involvement and encouraging economic rights for poor Americans. King was the youngest at the time to win the Nobel peace prize in 1964, and was the first modern person to ever get a holiday dedicated to his name. He was assassinated in Memphis, Tennessee, on April 4, 1968.

Exactly four days after his death, a holiday in his honor was suggested. Year after year, it was declined, but then, in the early 1980's, 6 million signatures were collected for the holiday. Stevie Wonder even wrote the song "Happy Birthday" For Martin Luther King, and eventually, the bill passed. President Ronald Reagan signed the legislation in November of 1983, and as of year 2000, every state celebrates Martin Luther King Jr. Day as a national holiday.

These two holidays have incredible amounts of meaning to those who celebrate them, and are many people's favorites. Now that you know the history behind them, has your favorite holiday changed?



Martin Luther king Jr. giving a speech

# January Sports

By Jenny Whimple, 3G staff

The second weekend in January, the Vandals had their first home games against Carlin. The Lady Vandals started off with a win and the final score was 58-14. Highlights include Hannah Bliss's numerous offensive and defensive rebounds and Megan Johnson's incredible skills owning 18 of the 58 points. In the very first quarter, Claire Shoda got a fast break and scored the first of many points against Carlin.

After the Vandal Girls wiped the floor with the Lady Railroaders, the Vandal Boys were up next. The Vandal boys won their game with a solid score of 59-26. Mason Johnson made two three pointers in the 2nd and 3rd quarters, Anthony Minoletti got seven steals, and Tyler Watts scored 17 of the 59 points.

January 14th, Vandals hosted more home games against Owyhee. The games started with the JV Boys. The JV Vandal Boys won; Austin Zimmerman made a three pointer and Jace Kniefel had multiple steals and fast breaks.

After the JV Boys played, the Lady Vandals were up next. The Lady Vandals beat Owyhee with a final score of 52-25. This game had many highlights, including Claire Shoda's multiple three pointers in the 1st, 2nd, and 3rd quarters; Megan Johnson snatching 10 steals in the first half; and Erin Shay's insane buzzer-beater three point shot in the second quarter.



To end the day, the Varsity Boys played. This intense game was neck and neck and the crowd was on the edge of their seats the entire time, but the Vandal Boys pulled through and got the win 45-40. Anthony Minoletti played strong, getting six deflections, Tramaine Burras had multiple blocks, and Mason Johnson scored 17 of the 45 points.

The weekend of January 20th had two more home games against McDermitt. The Lady Vandals played first and won the game 50-38. This was a tough game but there were quite a few highlights, including Megan Johnson having 14 defensive rebounds, Natalie Gray making 19 shots, and Claire Shoda sinking 5 of her 7 free throws.

After the girls played, our Vandal boys went up against McDermitt Bulldogs as well. The Vandals defeated them, with a final score of 69-29. The highlights from this game were Mason Johnson making three three pointers, Anthony Minoletti making all his free throws, and Donovan Mears got a clean fast break in the 2nd quarter.

On the 13th and 14th, the Vandals wrestling team went to the Kiwanis tournament. The Kiwanis tournament is considered the biggest tournament of the season. Quinn Filippini placed 5th in this tournament. The team also went to Fernley for a two-day tournament called the Vaquero Invitation. The duals tournament is to prepare for regionals. Duals occurred on January 25th and will continue Friday in Wells.

